

# Learn to Skate Classes



## Class Fees

**4-week intro - \$80**

**8-week beginner - \$145**

**13-week all levels - \$235**

**All students receive:** ISI membership which includes 1) National membership registration, 2) *Recreational Ice Skating Online* digital magazine, 3) excess accident insurance and 4) the opportunity to participate in local, district and national ISI competitions and shows.

Class fees are due upon registration.

### Included in the 13-week class fee:

- One 30-minute class each week for 13 weeks.
- Free skate rental for each class (a \$52 value).
- A 10% ProShop discount for any skate costing \$50.00 or more. Must be purchased during your current learn to skate class.

**For detailed class descriptions, start dates and to register, visit [LearnToSkate.skatetown.biz](http://LearnToSkate.skatetown.biz)**

## Tot Programs (Ages 4½-6)

- **Tot A** For skaters who have never been on ice skates before or for those who have no formal lessons. Children should wear gloves and warm clothing. Please wear figure skates unless you can skate unassisted in hockey skates. Helmets are recommended. Loaner helmets are available at no cost.
- **Tot B** For skaters who have passed Tot A or have comparable skating skills
- **Tot C** For skaters who have passed Tot B

## Youth and Adult Programs

- **Pre-Alpha** For skaters who have had no formal lessons but must be able to skate unassisted. Students will learn basic forward and backward skating, one-foot glides and snowplow stops. Please wear figure skates unless you can skate unassisted in hockey skates. Helmets are recommended.
- **Alpha** For students who have passed Pre-Alpha or have comparable skating skills
- **Beta** For skaters who have passed Alpha
- **Gamma** For skaters who have passed Beta
- **Delta** For skaters who have passed Gamma

## Freestyle

There are ten freestyle levels in the Ice Skating Institute program with varying degrees of difficulty at each level. Various jumps, spins, footwork and artistic maneuvers are taught in these classes.

## Theatre On Ice Program

For skaters who have badge-tested Freestyle 1 and higher. Theatre On Ice combines the grace of figure skating with the excitement of theatre and dance and is usually based on a story or theme, using costumes, props and technical skating to enhance the production performance. For more information on our Theatre On Ice program, visit [skatetown.biz/Figure-Skating/Theatre-on-Ice](http://skatetown.biz/Figure-Skating/Theatre-on-Ice)

## Skating Programs

### Private Lessons

Private instruction is available from Skatetown's professional staff. Lesson length varies from 15 to 60 minutes and may be scheduled on public or freestyle sessions. You may contact an instructor directly or complete a Private Lesson Request Form (online or in person) and an instructor will be assigned to you. Admission and skate rental fees are not included in the coaches fees.

**\$38-\$53 for 30-minutes - coaches fees vary**  
**Online registration for private lessons is recommended.**

### Power Skating

Focusing on skating skills, lateral movements and stamina, this program is for the skater that has the desire to learn and a willingness to work hard. Power is not offered year-round. For more information, visit our website.

### Freestyle Sessions

These sessions are primarily for competitive skaters who want to practice their programs as well as jumps and spins. Most private lessons are taught on freestyles. If you are unsure if a freestyle session is for you, ask your instructor. Click on the 'Schedule' tab on our website to check Freestyle schedules.

**\$8.25 - 30 minutes, \$16.50 - 60 minutes**  
**(price depends on length). Most sessions are 30 minutes.**  
**Online registration for freestyles is recommended.**

### Summer Figure Skating Camp, Competitions and Shows

Skatetown hosts Ice Sports Industry (ISI) and United States Figure Skating (USFS) competitions, summer figure skating camp and two ice shows each year. Also, Skatetown is the home rink for the USFS Capital City Figure Skating Club.

Group lessons are a great way to learn to skate!

Benefits of skating classes:

- Entertaining & fun!
- Great form of exercise
- Meet new friends who share an interest
- Build self-confidence and sportsmanship
- Participate in group performances

Two ice surfaces, a professional teaching staff and a complete line of figure skates and accessories in our Pro Shop, provide all ages and levels of skaters with everything you'll need.

Skatetown's Learn to Skate program is a great way for the new skater to get their start or the more advanced skater to perfect skills. Based on the Ice Sports Industry (ISI) structure and guidelines, classes are open to all ages and abilities and are designed to promote skating in a fun and relaxed manner. Group lessons are kept small to ensure great instruction from our Professional Staff.

Classes for beginners start every 4, 8 and 13 weeks, and enrollment does not just get you lessons – they get you “ice cool” fun. Pick up a Skating School flyer for specific class times, as these may vary for each session. You can also see the latest class schedule and register for classes online at [www.skatetown.biz](http://www.skatetown.biz).



*Learn a skill you'll  
have for life!*

**(916) 783-8550 x 113**  
[skating@skatetown.biz](mailto:skating@skatetown.biz)

**Register online at**  
[LearnToSkate.skatetown.biz](http://LearnToSkate.skatetown.biz)

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# *Ice Skating*



## **Learn to Skate & Figure Skating Programs**

Every skating dream starts  
with a first lesson!



*Put Some Excitement In Your Life*