

Free Adult Introductory Ice Hockey Clinic



Looking for a stress-relieving activity that's vigorous, fun, great exercise and a heck-of-lot more exciting than going to the gym? Why not get off the sidelines and learn to play hockey?

- **Sunday, February 23, 2025** from 5:00-6:15pm. Arrive by 4:15pm to check in.
- **Sunday, August 24, 2025** from 2:00-3:15pm. Arrive by 1:15pm to check in.
- Adults only
- **Skates & equipment provided** (helmet, elbow/shin pads, gloves)
- Clinic is for new skaters only
- Hockey basics & fun scrimmage

FREE

NO HOCKEY EXPERIENCE NEEDED

Reserve your spot online today!

<http://www.skatetown.biz/Hockey/Learn-to-Play/Adults>

Registration opens in December



Skatetown Ice Arena

1009 Orlando Ave., Roseville CA
(916) 783-8550 | www.skatetown.biz
[Facebook.com/Skatetown.biz](https://www.facebook.com/Skatetown.biz)

Programs Subject to Change