

# Free Adult Introductory Ice Hockey Clinic



Looking for a stress-relieving activity that's vigorous, fun, great exercise and a heck-of-lot more exciting than going to the gym? Why not get off the sidelines and learn to play hockey?

- **Sunday, August 25** from 5:45-7:00pm. Arrive by 5:00pm to check in.
- Adults only
- **Skates & equipment provided** (helmet, elbow/shin pads, gloves)
- Class is for new skaters only
- Hockey basics & fun scrimmage
- Basic skating skills are required



**NO HOCKEY EXPERIENCE NEEDED**

**Reserve your spot online today!**

<http://www.skatetown.biz/Hockey/Learn-to-Play/Adults>



**Skatetown Ice Arena**

1009 Orlando Ave., Roseville CA  
(916) 783-8550 | [www.skatetown.biz](http://www.skatetown.biz)  
[Facebook.com/Skatetown.biz](https://www.facebook.com/Skatetown.biz)

Programs Subject to Change