



THUNDER

SUMMER

2020

**Summer Skills and Team Training
Session starts July 6th and continues thru
August 27th**

ONLINE REGISTRATION OPEN NOW!

[Register Here](#)

8U & 10U (Squirts) Birth Years 2010 to 2012
Rob Lapsley and Bruce Barragan

12U (Peewee) Birth Years 2009, 2008
Matt Strinden and Scott Folena

14U (Bantam) Birth Years 2007, 2006
Mark Heintz and Hunter Getchel

High School Birth Years 2005 to 2001
Several high performance coaches are
scheduled to push you to your peak
performance!

2020 is going to be the best year ever at the
Capital Thunder as we continue to build high
-level hockey within the Capital Region. Join
us for our **THUNDER SUMMER** and get out of
the house and back on the ice!

2 Packages to choose from:

\$225 aka "the best deal"!

All six (6) practice sessions with our Thunder coaches and
staff. More sessions may be added, depending upon
registration. You get them all!

\$199

4 practice sessions with our Thunder coaches and staff.
Perfect if you can't make all 6 (or more) dates due to
summer travel plans.

Summer Focus Areas

- Targeted age-appropriate practices designed to improve skills and help players make our 2020-2021 travel teams.
- Puck Handling Skills with High-Touch practices.
- Skating Skills Development including Speed and Edge Work.
- Sportsmanship and Team Building.
- Preparation for Tryouts at the end of August.

REGISTRATION AND ALL FORMS CAN BE FOUND ON THE LINK BELOW:

[Register Here](#)

****Due to COVID-19 all registrations MUST be completed online****