

2025-2026 Schedule

Sundays, Sept 7, 2025 - Feb 16, 2026 5-6:15pm

No class 12/7/2025

Curriculum

Weeks 1-2: Skating

Weeks 3-4: Skating and puck handling

Weeks 5-7: Skating, puck handling, passing

Weeks 8-9: Puck handling, passing, shooting

Weeks 10-13: Shooting and situational play with explanations of the specifics

Weeks 14-18: Game scenarios

Weeks 19-20: Controlled scrimmage (stopping the play to point out where players should be positioned)

Weeks 21-23: Team play, tactics & strategy

Want to play hockey but don't know how?

Skatetown's 23-week learn to play hockey program, for men and women, is designed to prepare NEW players, with little or no hockey experience, to play in the adult hockey league.

Do I need to know how to skate? Basic skating skills are required. It is recommended that a player with no prior skating experience take a class through Skatetown's Learn to Skate program before enrolling in this class.

What equipment will I need for the class?

Players are required to wear full gear. Skatetown's ProShop has put together a special package price that includes all the equipment you will need. Stop by our ProShop for more information and to schedule a gear fitting. A Skatetown Jersey will be included and must be picked up the first day of class. Haven't purchased all of your gear yet? Ask us about borrowing a stick and skates.

What if I miss a class? If a player cannot make a class, the player is responsible for the material covered in that class. You may get the class curriculum from the instructor and attend a stick time or public session for extra practice, or schedule a private lesson with your instructor to get caught up.

Who coaches the class? Jeff Eastburn is our highly sought after Adult Learn to Play Hockey coach and has been involved with Skatetown since its doors opened in December 1997. Jeff will be joined by assistant coaches to make sure you get enough specialized attention.



Cost \$550

Payment plan of \$570 available:

- Down payment—\$250.00 + \$20 payment plan fee
- Payments of \$100 due on Oct 10, Nov 10 and Dec 10. For all late payments or declined credit cards, a \$30 admin fee will be applied to individual payments.

Register in person or online
adulthockey.skatetown.biz

Late to enroll or would like more information? Call or email
916-783-8550 x 114 or
hockey@skatetown.biz

Programs Subject to Change



FREE Introductory Hockey Clinic

- Hockey basics & fun scrimmage
- **Sunday August 24, 2025 at 2-3:15pm.** Arrive by 1:15pm.
- Adults only.
- Skates & equipment provided (helmet, elbow/shin pads, gloves)
- Basic skating skills are required
- **NO HOCKEY EXPERIENCE NEEDED**

Reserve your spot online today!

Adult Hockey League

After successfully completing the 23-week Adult Learn to Play Hockey class, you are on your way to competing in our entry level Adult Hockey League! You may either form your own team, or join one of our existing teams.



(916) 783-8550 x 0114

hockey@skatetown.biz

Register online at

adulthockey.skatetown.biz

Skatetown Ice Arena

1009 Orlando Avenue
Roseville CA 95661

(916) 783-8550

hockey@skatetown.biz

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Adult Learn to Play Hockey



It's never too late to learn to play hockey!



Put Some Excitement In Your Life